Brown Rice

Servings: 4 servings

Ingredients:

- 1 cup short grain brown rice (or any other whole grain rice)
- 1 ¾ cups filtered water
- ½ tsp salt

Directions:

1. Rinse grain by putting rice in rice cooker and pouring water just to cover. Agitate with spoon and drain water. Repeat until water is clear.
2. Combine drained rice, water and salt in rice cooker and press on button.
3. Once button pops up that the rice is done, let it sit covered for 10 minutes; uncover, fluff with a fork to separate and enjoy.